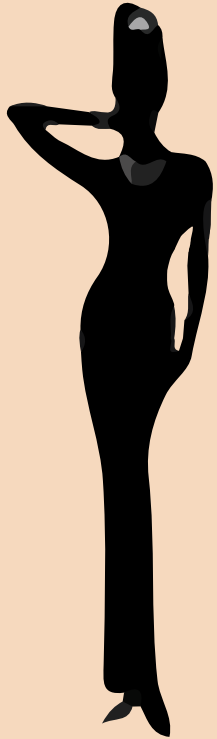




VANILLA BROWNS





"I believe in manicures. I believe in overdressing. I believe in primping at leisure and wearing lipstick. I believe in pink. I believe happy girls are the prettiest girls. I believe that tomorrow is another day, and... I believe in miracles."

Audrey Hepburn


Spa Rituals & Retreats

All our treatments are carried out with our own exclusive Signature fragrance created especially for Vanilla Browns, Our VB range has been created with you in mind using pure authentic ingredients and staying true to our holistic roots combining our unique fragrance with benefits of Irish Atlantic sea salt & are all available for you to take a piece of VB home

VB Coco Chanel "Classy & Fabulous" Party Package

VB HD Make Up, Lashes, VB File, Buff & Polish Hands
add on Upstyle for at VB Hair Salon

€60

€15

VB Afternoon Delight

VB Relaxing Back Massage with Light Lunch

*with Prosecco
add on option

€39

VB Exclusive Membership

The Ultimate VB Experience, all wrapped into a year of pampering for You! Receive Two Signatures treatments per Calendar Month. VB Signature facial, VB Signature Massage, VB Spa hand Ritual. VB Spa Foot Ritual plus receive our monthly treat surprise

€900

For Her - VB Pure Indulgence

Soothing Back Massage with VB Signature Facial, VB Spa Hand & Foot Ritual

150 mins

€145

For Him - VB Escape for Men

Soothing Foot Treatment with Back Massage, Indian head massage & Our Signature VB Men's Tailored Facial

150 mins

€145

For Both of You – VB Couples Retreat - 2 guests

Indulge in our VB Signature Full Body Massage with relaxing Indian Head Massage & Soothing VB Body Moisturise all in the comfort of our private Couples Treatment room

95 mins

€190

VB Signature Day Ritual

VB Irish Atlantic Sea Salt Exfoliation, Warm Vanilla Hydrating wrap with VB Signature Full body massage, Facial and to finish the journey VB Spa Hand & Foot Rituals *Dry floatation included in Limerick

300 mins

€350

VB Yummy Mummy & Beautiful Bump

Mama Mio Free Your Mind Massage with VB Smooth Touch Facial and VB Spa Foot Ritual

150 mins

€145

VB Princess Sparties (Up to 16years)

Every Girl deserves to be treated like a princess with our Princess Make up & Sparkly nails package

Groups POA,
Min 4

€15

VB Signature Courses

Purchase 5 VB signature treatments, Facials or Massage and receive 6th FREE

Buy 5, 6th is
Free

VB Group Bookings

Specialising in Bridal, Hen parties, Kids Sparties as well as Corporate and Home Packages

Prices start
from

€30

All Packages have the option of adding on Light Lunch / refreshment options upon request



World Renowned Rituals

Transcend into your world of escapism with our Rituals from around the world.

Irish Indigenous Ritual

VB Ritual begins with signature foot soak, Warm Vanilla & Chocolate pressure point massage & hydration body mask

80 mins

€90

Hawaii

Lomi Lomi Massage known Natively as Dance massage to relieve muscle aches and pains

80 mins

€95

Bali

Balinese Pressure Point massage used as part of their Native Wedding Preparation ritual

70 mins

€95

India

Indian Head Massage, pressure point massage to relieve migraines and daily stresses

30 mins

€45

American Indian Tribe

Medical ceremonies known as the Hopis or Peace People, Hopi Ear Candles relieve sinus issues, colds, headache, asthma plus lots more

30 mins

€45

America

Hot Stone Massage, using basalt stones to soothe muscle aches and pains

from

€50



Signature Facials

Indulge in our tailor made luxurious, professional VB Signature facials range

VB Signature Express Facial	40 mins	€55
VB Signature Tailored Range	from	€75
VB Signature Spa Teen	40 mins	€55
Oxygen Therapy <i>Brighten, tighten and reduce impurities with our fabulous O2 Facial</i>	65 mins	€80
Oxygen Shot <i>Inhalation mask to uplift, or relax you (Cork only)</i>	15 mins	€20
VB MediSpa Clinic <i>Turn Back Time with our specialised Facials (see MediSpa for more details)</i>		



Signature Massages

Indulge in our ultimate pampering, VB Signature massage range

Back Massage <i>Relaxing</i>	30 mins	€45	VB Balinese Massage <i>using native massage rituals with foot soak</i>	75 mins	€95
Back Massage <i>Deep Tissue</i>	30 mins	€50	VB Soothing Foot Dream Massage <i>for tired feet & legs with foot soak</i>	30 mins	€45
Full Body <i>Relaxing / Invigorating</i>	60 mins	€75	Indian Head Massage	30 mins	€45
Full Body <i>Deep Tissue</i>	60 mins	€80	Hopi Ear Candles <i>to relieve of sinus problems, blocked nose, stress and headaches</i>		€40
VB Hot Stone Massage with Basalt stones <i>- back</i>	30 mins	€50	Reflexology <i>using reflex points on the feet to reflect organs and energy channels of the body</i>	60 mins	€70
<i>- full body</i>	75 mins	€95	<i>- by Appointment only</i>		
Aromatherapy Full Body Massage with special blend of oil	60 mins	€80	Sports Massage <i>Injuries/Physical Therapy</i>	45 mins	€60
Hawaiian Lomi Lomi Massage <i>using native massage techniques</i>	80 mins	€95	<i>- by Appointment only</i>		



Vb Body Spa Treatments

Four Signature Body Treatments using our own Unique Signature Fragrance & Irish Atlantic Sea Salt to create the Ultimate pampering experience

VB Full Body Exfoliation <i>with Crushed Vanilla & Irish Atlantic Sea Salt</i>	40 mins	€55
VB Back Melt <i>includes deep cleanse, mask, massage & moisturise</i>	40 mins	€55
VB Signature Irish Atlantic Sea Salt Exfoliation Hydration Wrap <i>including VB Foot Soak</i>	60 mins	€80
Dry Floatation *Limerick Only <i>the ultimate in relaxation</i>		€45
Dry Floatation *Limerick Only <i>the ultimate in relaxation</i> - with exfoliation		€75
Dry Floatation *Limerick Only <i>the ultimate in relaxation</i> - with exfoliation and VB Signature Exfoliation Wrap		€110

Mama Mio Maternity Treatments

For expectant Mammás & beautiful Bumps over 12 weeks. Using our signature VB Range & World Renowned Mama Mio range to make your 9 month journey extra special

VB Lighten Up <i>Foot Treatment</i>	45 mins	€60
VB Free Your Mind <i>face, neck and shoulder massage</i>	45 mins	€60
VB Nourishing Dream Massage <i>Full Body Massage</i>	60 mins	€85
VB Yummy Mummy Body Wrap <i>including exfoliation</i>	80 mins	€85



Men's Spa

All our treatments can be tailor made to suit our
Male guests, here are few special treats just for YOU!

VB Prescriptive Facial <i>Aging, Hydration or Deep cleansing</i>	from	€80
VB Conditioning Hand & Nail Treatment	25mins	€30
VB Conditioning Foot & Nail Treatment	40mins	€50

It's a Mans World

VB Full Body Massage <i>with Soothing Indian Head massage</i>	85mins	€115
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Waxperts

Chest	from	€25
Back	from	€30
Eyebrow trim	from	€10
Arm	from	€20
Full Body	from	€70





HD Make up - Exclusive to Vanilla Browns

Specialist in all Make up from Fashion, TV, Bridal to everyday looks. Introducing Our Exclusive VB HD Make up. Irish Owned, amazing HD coverage, brought to you by Ireland's Top Make up artist.

Make Up		€40
Make up with lesson	60 mins	€65
Strip lash supply & Application		€20
Individual lash supply & Application		€30
Lash application <i>guest provides lashes</i>		€10
Wedding Make up		€50
Bridal Parties	from	€30
Group Make Up Parties	from	€30



Finishing Touches

Hands / Feet File & Polish		€20
Hands / Feet File & Polish <i>with French</i>		€25
Manicure	35 mins	€40
Manicure <i>with French</i>	35 mins	€45
Pedicure	35 mins	€40
Pedicure <i>with French</i>	35 mins	€45
VB Hand Ritual <i>no polish</i>		€30
VB Foot Ritual <i>no polish</i>		€35
VB Deluxe Spa Hand Ritual	60 mins	€55
VB Deluxe Spa Foot Ritual	60 mins	€70
Minx Nail Wraps		€30
2 Week OPI <i>gel polish</i>		€30
2 Week OPI <i>with manicure</i>		€50



Waxing

Eyebrow trim/wax	€10
Lip Wax	€10
Chin Wax	€8
Lip, Chin & Eyebrow	€20
Underarm	€18
Bikini Regular	€15
Californian	€30
Brazilian	€40
Hollywood	€55
Full Leg	€30
Half Leg	€23
Half Leg & Bikini Regular	€30
Full Leg & Bikini Regular	€40



Beauty essentials

Tinting

Eyelash tint	€12
Eyebrow tint	€10
Eyelash & Brow Tint	€20
Eyelash & Brow Tint & Trim	€30

Tanning Vita Liberata

Tan to the stars as seen on X Factor

Full Body	€30
Half Body	€20
Top Up	<i>within 48 hours</i> €15



Groups - Prices starting from €30

Specialising in Bridal, Hen parties, Kids Sparties as well as Corporate and Home Packages



Weight Management Clinic

Strawberry Laser Lipo

Revolutionary Inch loss Treatment to target Stubborn Fat Areas. Non Invasive Painfree & Guaranteed Inch loss in Just 10 mins for Both Men & Women

Strawberry Laser Lipo

Free Consultation

Session €150

Course of 8 €1000

Personalised Home Detox

Lose 9lbs in 5 Days

€24.99

Be Skinny By Tomorrow Ireland Wraps

Target Fat like no other wrap on the market, with this No 1 selling Ultimate body applicator. Tighten, firm and tone the skin. Zap the fat, minimise stretch marks in as little as 45 mins

Single Wrap

€30

Treatment - 4 Wraps

€120

Further details & purchase -www.beskinnybytomorrowireland.com



Medical Spa

Using all the latest and highest quality technologies and treatments we are delighted to present our Medical Clinic, targeted, instant results, driven procedures.

IPL Skin Rejuvenation session

brighten, reduce aging, plump skin to reveal a new you

€125

€500

IPL Thread Vein removal

€125

€500

Micro Needling

reveal a new you in minutes with improved skin tone, texture and appearance from scarring

€150

€750

Specialist Fruit Peel

Recommended between ipl skin rejuvenation sessions

€50

Semi Permanent make up lasts 3-5 years

3D Brows

€199

3D Eyeliner top

€149

3D Eyeliner lower

€149

IPL Laser Hair Removal

	Course	Course
Lip / Chin	€39	€189
Underarm / Neck	€49	€199
Lip & Chin	€49	€199
Standard Bikini	€49	€199
Extended Bikini / Californian	€59	€249
Forearm	€59	€249
Brazilian	€69	€299
Hollywood	€79	€399
½ Leg (Bottom)	€99	€449
½ Leg (Top excludes Bikini)	€119	€549
Full Leg	€199	€900

How to Spa

Relax, rewind, rejuvenate welcome to
"You Time" and here are a few pointers on how to spa

VB Bookings

To book a treatment please email bookings@vanillabrowns.com or contact the spa directly by location Cork 0214272027 Limerick 061463608. Hotel Guests can also call from their room. To secure booking credit card details will be requested.

VB Cancellations/Late/No show

Please ensure that 48 hours notice is given, otherwise a 50% charge is incurred, if less than 24 hours a 100% charge is incurred. If you book within this time scale the same policy applies. Guests who arrive late for their treatments will be accommodated where possible; regrettable it may result in treatment time being reduced with no effect to treatment price. No shows will incur a cancellation fee as above

VB Gift Vouchers

"A gift for the body and soul from the Heart" All vouchers can be used in any of our locations; you may purchase online www.vanillabrowns.com phone the specific spa location directly or email bookings@vanillabrowns.com. Vouchers are valid for 6 Months only and are non refundable, we regret lost vouchers cannot be replaced

Health & Safety

All guests must ensure they notify a staff member at the time of booking and in consultation form of any illness. Pregnancy treatments are not suitable for the first trimester; please advise of same at time of booking so we can accommodate you

Spa Etiquette

Spa Robes are provided for multiple treatments only and for treatment duration. We also provide disposable underwear where suitable for selective treatments. We advise all guests to bring flip flops for Foot Treatments. Both Male and Female guests are welcome to avail of any of our treatments. For your ultimate relaxation, we request all mobile phones and portable devices are switched off.

VB Spa Products

Vanilla Browns Body, Skincare & Make Up, Mama Mio, OPI, Minx Nails, Dermalogica /Spa Find, Vita Liberata Tan. Buy online www.vanillabrowns.com/shop

Treatment times

Include 5Mins allocated, for In Room Consultation with your Therapist



Explore, Dream & Discover” Mark Twain

Vanilla Browns Spa, Beauty, Clinic & Hair Salon is not your average Hotel Spa. Finalists in the prestigious World Spa Awards 2013 & no stranger to award ceremonies, we are constantly researching our industry, pushing our product houses, services & style further and further to be leaders in our field. Vanilla Browns combines the talent of leading therapists with the finest brands in the world and the most spectacular environment, to ensure every client has an unforgettable and luxurious experience.

We will amaze you with our uniqueness, with our indigenous Irish Spa ritual, World Renowned retreats, MediSpa laser technologies, Weight Management, Make up plus lots more to create the Ultimate Spa for the Ultimate You. We have endeavored to provide the most innovative techniques, progressive therapies and worlds' finest brands from Great Lengths Hair Extensions to Strawberry Laser Lipo, whilst maintaining an enduring devotion to tradition & our Irish roots, perfecting the artistry behind the ancient beauty practices that have stood the test of time.

Our locations are designed with you in mind with private rooms, relaxation room, designated makeup & nail bar, creating your urban oasis overlooking Irish rivers within the heart of Irish cities.

We are Unique, Contemporary, Vibrant & Progressive,
We Are VANILLA BROWNS!

Marion Fitzgerald,

Vanilla Browns Spa, Beauty, Clinic & Hair Salon



VANILLA BROWNS

The Collection

Vanilla Browns Spa, Beauty, Clinic & Hair Salon
Absolute Hotel, Sir Harrys Mall, Limerick
Tel (061) 463608

Vanilla Browns Spa, Beauty & Clinic
The River Lee Hotel Western Road, Cork
Tel (021) 4272027



Spa | Beauty | Clinic | Hair

info@vanillabrowns.com
www.vanillabrowns.com

OPENING HOURS
Free onsite parking

*Monday-Friday 10am-8pm
Saturday 10am-7pm*

Sunday 10-5pm
Bank Holidays 10am-5pm*

*Opening hours may vary in each location & seasonally.
Please check opening hours when booking.

Follow us on
Twitter and Facebook

